



OUTDOOR EDUCATION RETREAT CLASS AND ACTIVITY LIST:

As part of the fee for Outdoor Education Retreats, the Ranch will teach 3 classes. This list includes the readily available classes which you, your staff, or parents might teach. The following list describes classes for which we have prepared the equipment, class outline, and class objectives. When you schedule an Outdoor Education Retreat with us, you may request any of the class outlines that would fit your program.

THE FOLLOWING IS A DESCRIPTION OF CLASSES OFFERED THAT REQUIRES PHANTOM RANCH TO TEACH:

Archery: Our outdoor archery range has 4 targets, which allows for 4 shooters at a time. The Ranch's archery class includes instruction on the parts of the bow and arrow, proper stance and shooting techniques, and plenty of practice time. All lost arrows will cost the group \$3/arrow. NOTE: If your leader has enough experience to teach this activity and to keep students safe, they may teach this class. Curriculum is available upon request.

Boating: Includes instruction on boat handling, paddle and boat parts, and practice time. All guests are required to wear life jackets while boating or canoeing. All equipment must be returned to proper storage areas.

Disc Golf: In this class, students will learn the basics of the game, proper stance and form, throwing techniques, and completion of at least three holes. Discs are provided for the class. This class must be taught by Phantom Ranch staff. There are no cancellation refunds due to inclement weather. In some cases we will provide an alternate class.

Horsemanship Class: The horsemanship class teaches students proper techniques in grooming, tacking, handling, and riding of horses. This class includes 10 minutes of demonstration, followed by approximately 20 minutes of riding, and 20 minutes of general horse education. This class must be taught by Phantom Ranch staff. There are no cancellation refunds due to inclement weather. In some cases we will provide an alternate class. Please call to schedule this while you are developing your schedule. Each ride can have up to 10 people per ride (might change due to availability of horses and/or inclement weather). Riders must be 9 years or older.

Team Building Course/Low Ropes Course: The team building course can be used to develop unity, leadership skills, abstract thinking, and much more. Activities include: initiative wall, spider web, faith fall, number log, island hopping, the spinning spool and more. The team building class starts with several short games intended to get people moving and somewhat comfortable talking and interacting with each other. Then the class progresses onto a series of harder activities, which stretch the class physically and mentally. This class must be taught by the Ranch staff. There are no cancellation refunds due to inclement weather. In some cases we will provide an alternate class.

Orienteering: This class teaches students how to use a compass and navigate through a course while using a compass and a map. It is a great way for students to learn a skill that will stay with them for a lifetime.

Tomahawks: Our outdoor hatchet throwing range has 1 large target and throwing alley. In the tomahawk class, we will teach you a brief history on tomahawks, about the tomahawk, proper stance and throwing techniques, and a lot of practice time.